

International Rhythmic Gymnastics Tournament

Tavaszi Kupa 2023



Dear friends,

We are very pleased to invite you to the International Rhythmic Gymnastics Tournament «TAVASZI KUPA 2023» which will take place in

Budapest, Hungary from 04 - 05 march 2023.

It will be a great honor for us to have the opportunity to host the elite and the future stars of rhythmic gymnastics.

Looking forward to meeting you in Budapest!

Sincerely yours: "RUS RG Sport KFT": Alekszandrova Liubov

First judge HUN: Papp Edina

HOST CLUB	RUS RG Sport KFT Bernat Ljubov Phone:+36 30 687 26 94 e-mail: alekluba@mail.ru
VENUE	Sport Hall "ANGYALFÖLDI SPORT KÖZPONT" Address: 1139 Budapest, Rozsnyai utca 4.
DATES	04 – 05. march 2023
ENTRY FEES	Individual: 50 € per gymnast -to 6 gymnast / extra gymnast 60 €
REGISTRATION	Application form on the website: https://gm-events.com/event/
PROGRAM	04. march 2023 – 08:00 Judges Meeting Individual Competition A/B-LIGHT, Award, Gala 05. march 2023 – 08:00 Judges Meeting Individual Competition B, Award
GALA	All gymnasts are welcomed to participate in gala program with performance of max 3 min.1 club max 2 dance demonstration.
DELEGATION	1 judge (mandatory), 1 coach, max. 6 individual gymnasts.
AWARDS	Competition: 1st, 2nd, 3rd – medals, cup and diplomas, present, 4th - 8th – medals, cup and diplomas, present all gymnasts – medals and diplomas, present!
DEADLINES	Nominative registration: 5. february 2023, Visa application form: 20. february 2023, Hotel reservation: 5. february 2023, Music uploads: 20. february 2023

ACCOMODATION	<p>All participants must pay for their accommodation costs.</p> <p>Hotel name: Hotel Benczur (capacity 60 rooms) Address: 1068 Budapest, Benczur street 35. Costs per room / night: 65 EUR (Single room / 1 person, including breakfast) 90 EUR (Double room / 2 persons, including breakfasts) 120 EUR (Triple room / 3 persons, including breakfasts - only 3 rooms) Dinner: 13 EUR / person</p> <p>Delegations have to use this hotel. A fine of EUR 80 per team if they do not stay in the hotel provided by the organizer</p> <p>Application form on the website: https://gm-events.com</p>
TRANSPORTATION	Who will live in HOTEL BENCZUR, organizing transportation is 25 EUR/1 person/only day aeroport-hotel-aeroport
SIGHTSEEING	BUDAPEST TOUR: 30-40 EUR / person
VISA	alekluba@gmail.com
PHOTO & VIDEO	MORVAI Tamas (https://gymnasticmoments.com)

Technical Program: Individual				
		LEVEL A	LEVEL B	LEVEL B LIGHT
2016		<p>Without apparatus + 1 appar. by choice</p> <p>Without apparatus D max-5.0 Max 3-7 difficulty min 2 Dans Step max 1 mix</p> <p>1 appar. max 3-7 difficulty max 3 R min 2 Step min 2 W max 10 DA max 1 mix</p>	<p>Without apparatus D max-4.0 Max 3-7 difficulty min 2 Dans Step max 1 mix</p>	<p>Without apparatus D max-2.1 Max 3-7 difficulty 1 diff. max 0.3 points min 2 Dans Step</p>

2015	<p>Without apparatus + 1 appar. by choice</p> <p>Without apparatus D max-5.0 Max 3-7 difficulty min 2 Dans Step max 1 mix</p> <p>1 appar. max 3-7 difficulty max 3 R min 2 Step min 2 W max 10 DA max 1 mix</p>	<p>Without apparatus D max-4.0 Max 3-7 difficulty min 2 Dans Step max 1 mix</p>	<p>Without apparatus D max-2.1 Max 3-7 difficulty 1 diff. max 0.3 points min 2 Dans Step</p>
	<p>2 appar by choice 2 предмета на выбор</p> <p>max 3-7 difficulty max 3 R min 2 Step min 2 W max 15 DA</p>	<p>Without apparatus + 1 appar. by choice</p> <p>Without apparatus D max-4.0 Max 3-7 difficulty min 2 Dans Step max 1 mix</p> <p>1 appar. max 3-7 difficulty max 3 R min 2 Step min 2 W max 10 DA</p>	<p>Without apparatus D max-2.8 Max 3-7 difficulty 1 diff. max 0.4 points min 2 Dans Step</p>
2014			

2013	<p>2 appar by choice 2 предмета на выбор</p> <p>max 3-7 difficulty max 3 R min 2 Step min 2 W max 15 DA</p>	<p>Without apparatus + 1 appar. by choice</p> <p>Without apparatus D max-5.0 Max 4-7 difficulty min 2 Dans Step</p> <p>1 appar. max 3-7 difficulty max 3 R min 2 Step min 2 W max 10 DA</p>	<p>Without apparatus D max-2.8 Max 4-7 difficulty 1 diff. max 0.4 points min 2 Dans Step or (или)</p> <p>1 appar. by choice D max-5.0 Max 3-7 difficulty 1diff. max 0.4 points max 3 R min 2 Step</p>
	<p>2 appar by choice 2 предмета на выбор</p> <p>max 3-7 difficulty max 4 R min 2 Step min 2 W max 15 DA</p>	<p>2 appar 2 предмета</p> <p>max 3-7 difficulty max 3 R min 2 Step min 2 W max 15 DA</p>	<p>Without apparatus D max-2.8 Max 4-7 difficulty 1 diff. max 0.4 points min 2 Dans Step</p> <p>or (или)</p> <p>1 appar. by choice D max-5.0 Max 3-7 difficulty 1diff. max 0.4 points max 3 R min 2 Step</p>
2011	<p>2 appar 2 предмета</p> <p>max 3-7 difficulty max 4 R min 2 Step min 2 W max 15 DA</p>	<p>2 appar 2 предмета</p> <p>max 3-7 difficulty max 3 R min 2 Step min 2 W max 15 DA</p>	<p>1 appar. by choice D max-5.0 Max 3-7 difficulty 1diff. max 0.4 points max 3 R min 2 Step</p>

JUNIOR 2010	3 appar 3 предмета	2appar. by choice apparatus 2 предмета на выбор	1 apparatus
	FIG rules – junior	D max-7.0 Max 3-7 difficulty max 4 R, min 2 Step Min 2 W Max 15 DA	D max-5.5 Max 3-7 difficulty 1 diff. max 0.5 points max 3 R, Min 2 Step Min 2 W Max 15 DA
	3 appar 3 предмета	2appar. by choice apparatus 2 предмета на выбор	1 apparatus
	FIG rules – junior	FIG rules – junior	D max-7.0 Max 3-7 difficulty 1 diff. max 0.5 points max 3 R, Min 2 Step Min 2 W Max 15 DA
JUNIOR 2009	3 appar 3 предмета	2appar. by choice apparatus 2 предмета на выбор	1 apparatus
	FIG rules – junior	FIG rules – junior	D max-7.0 Max 3-7 difficulty 1 diff. max 0.5 points max 3 R, Min 2 Step Min 2 W Max 15 DA
JUNIOR 2008	3 appar 3 предмета	2appar. by choice apparatus 2 предмета на выбор	1 apparatus
	FIG rules – junior	FIG rules – junior	D max-7.0 Max 3-7 difficulty 1 diff. max 0.5 points max 3 R, Min 2 Step Min 2 W Max 15 DA
SENIOR 2007 AND OLDER	3 appar 3 предмета	2appar. by choice apparatus 2 предмета на выбор	1 apparatus
	FIG rules – senior	FIG rules – senior	D max-8.0 Max 3-7 difficulty 1 diff. max 0.5 points max 3 R, Min 2 Step Min 2 W Max 15 DA

Примечание:

Все категории награждаются отдельно / по годам рождения в многоборье и по отдельным видам/

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All categories are awarded separately according to the years of birth in the all-around and for individual events.

Будет разыгрываться командное первенство

A / B и B light категории!

При помощи жеребьевки будут выбраны команды

1 сеньорка/1 юниорка 2008-2010/1 гимнастка 2011

Первые три команды награждаются дипломами /медалями и памятными подарками

The team championship will be played

A / B and B light categories!

Teams will be selected by lottery.

1 senior/1 junior 2008-2010/1 gymnast 2011

The first three teams are awarded with diplomas / medals and memorable gifts